

Green Wave Cafe



September 2017

the Classics

Healthy edge

Break

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Country Fried Steak Mashed Potatoes/Gravy Cream Corn/Butter Roll
				Ham or Turkey Wrap Fruit Cup
				Bacon Egg Cheese Crispito

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Break

4	5	6	7	8
OFF HOLIDAY	Wings BBQ and Hot French Fries Green Beans/Butter Roll	1/2 Day Homecoming Tailgate parties	Hamburger Steak/Gravy Ranch Potatoes Crowder Peas/Butter Roll	1/2 Day
	Seasoned Baked Chicken Steamed Broccoli		Turkey Breast Grilled California Veggies	Homecoming
	Breakfast Pizza Bacon Biscuit	Crispito Sausage Egg & Cheese	Apple Pie Bites Breakfast Pizza	Crispitos Mini Pancakes

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11	12	13	14	15
BBQ Pork Sandwich Baked Beans Slaw/BBQ Nachos	Taco in a Bag Mexican Rice Refried Beans	1/2 Day Parent Teacher Meeting	Philly Steak & Cheese Choice of Chip Fresh Fruit	Chicken Tenders French Fries Primo Pasta
BBQ Baked Chicken Baked Potato	Tuna Plate Fruit		Philly Wrap Fresh Fruit	Hamburger Patty Grilled Carrots
Crispitos Chicken Biscuit	Breakfast Pizza Waffles	Crispitos Pancakes	Breakfast Pizza Sausage Egg & Cheese	Crispitos Hash Browns

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18	19	20	21	22
Beef Tips White Rice & Gravy English Peas/Butter Roll	Chicken Rotel Butter Beans Glazed Carrots/Butter Roll	Pot Roast Roasted Potatoes Cream Corn/Butter Roll	Meat Loaf Creamed Potatoes Lima Beans/Butter Roll	Chicken Fried Rice Egg Rolls/Kernel Corn Fortune Cookie
Baked Seasoned Fish Italian Vegetable Blend	Baked Chicken Breast Sauteed Squash	Seasoned Baked Fish Steamed California Veggie	Tuna On Lettuce Pear Salad	Grilled Chicken Steamed Broccoli
Crispitos Sausage Egg & Cheese	Breakfast Pizza Chicken Biscuit	Crispitos Pancakes	Hashbrowns Waffles	Crispitos Blueberry Muffin

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Break

25	26	27	28	29
Fried Pork Chops Cheesy Potatoes Green Beans/Butter Roll	Poppyseed Chicken English Peas Dirty Rice/Butter Roll	Salisbury Steak Rice & Gravy Crowder Peas/Butter Roll	Breakfast For Lunch	Fried Fish French Fries/Slaw Hushpuppies
Baked Pork Chop Garden Pasta Salad	Grilled Chicken Wrap Steamed Carrots	Grilled Beef Patty Roasted Potatoes	Parfaits Fresh Fruit	Lemon Pepper Fish Baked Potato
Crispitos Sausage Gravy Biscuit	Breakfast Pizza Cinnamon Roll	Crispitos Hashbrowns	Breakfast Pizza Muffin	Crispitos Waffles

GRILLE ETC

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Grill Feature				
Fried Chicken Sandwich Bosco Sticks Tater Tots	Bacon Cheeseburger Pretzels Mozzarella Sticks	Grilled Chicken Sandwich Corn Nuggets Foot Long Corn Dog	Spicy Chicken Sandwich Apple Bites Chips & Dip	Mini Corn Dogs French Fries BBQ Sandwich

Hambrugers and Cheeseburgers served every day



Green Wave Lunch Bucket				
Chicken Nuggets Chips Fruit Milk or Water	Jr. Burger Chips Cookie Milk or Water	Mini Corn Dogs Chips Fruit Milk or Water	Chicken Nuggets Chips Cookie Milk or Water	Hot Dogs Chips Vanilla Ice Cream Cup Milk or Water

**Menu subject to change at any time due to availability of products.