

Green Wave Cafe



October 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
<i>the- Classics</i>	Hamburger Steak & Gravy Creamed Potatoes 3 Bean Salad & Roll	Baked Spaghetti Casserole Broccoli & Cheese Butter Beans & Roll	Crispy Baked Chicken Rice Consume' Crowder Peas/Roll	Poppysseed Chicken Casserole Hashbrown Casserole Green Beans & Roll	Fried Fish Collosal Crispy Fries Mac & Cheese/Hush Puppy
<i>Healthy edge</i>	Turkey Breast Roasted Potatoes	Baked Garlic Chicken Steamed Broccoli	Turkey Wrap Veggies & Ranch Dep	Tuna on Lettuce Fresh Fruit	Baked Seasoned Fish Baked Potato
<i>Break</i>	Crispitos Sausage Egg & Cheese	Breakfast Pizza Chicken Biscuit	Crispitos Bacon Biscuit	Breakfast Pizza Bacon Egg & Cheese	Crispitos Pancake on a Stick
<i>Grill Slide</i>	Bosco Sticks Spicy Chicken Sandwich	Big Pretzel Mozarella Sticks	Tater Tots Corn Dogs	Bacon Cheeseburger Apple Pie	Nacho Cheese & Chips Foot Long Corn Dog
	9	10	11	12	13
<i>the- Classics</i>	FALL BREAK	FALL BREAK	Chicken Enchilitas Creamed Corn Cheesy Potatoes/Roll	Salisbury Steak Rice & Gravy Sauteed Squash & Roll	Chicken Tenders Collosal Crispy Fries Pears & Cheese/Peaches
<i>Healthy edge</i>			Grilled Chicken Wrap Jello with Fruit	Pork Loin Steamed Squash	Chicken Ceasar Salad Fresh Fruit
<i>Break</i>			Crispitos Mini Pancakes	Breakfast Pizza Cinnamon Roll	Crispitos Blueberry Muffin
<i>Grill Slide</i>			Ham & Cheese Sliders Tater Tots	Corn Nuggets Pizza Pockets	Chicken Club Sandwich Apple Pies
	16	17	18	19	20
<i>the- Classics</i>	Angus Dogs/Chilli Frito Chilli Pie Tater Tots/Chilli	Pizza Macaroni Bake Hasselback Potatoes Crowder Peas & Roll	Chicken & Beef Tacos Mexican Rice Refried Beans	Little Ceasars Pizza Chicken Ceasar Salad Macaroni Salad	Pork Chops Twice Baked Sweet Potato Baby Lima Beans/Rolls
<i>Healthy edge</i>	Seasoned Baked Chicken Steamed Carrots	Seasoned Baked Fish Baked Sweet Potato	Fajita Chicken Steamed Broccoli	Turkey & Swiss Wrap Spring Salad w/Vinegarett	Baked Pork Chop Baby Lima Beans
<i>Break</i>	Crispitos Sausage Egg & Cheese	Breakfast Pizza Chicken Biscuit	Crispitos Mini Pancakes	Breakfast Pizza Bacon Biscuit	Crispitos Bacon Egg & Cheese
<i>Grill Slide</i>	Spicy Chicken Sandwich Big Pretzel	Corn Nuggets Chips & Nacho Cheese	Chicken Club Sandwich Bosco Sticks	Ham & Cheese Sliders Tater Tots	Chicken Nuggets Bacon Cheeseburger
	23	24	25	26	27
<i>the- Classics</i>	Chicken Fried Rice Egg Rolls/Kernel Corn Fortune Cookie	Potato Soup and Taco Soup Turkey, Ham or Roast Beef Sandwiches	Burito Casserole Whole Kernel Corn Green Beans/Roll	Chicken & Dumplings Baked Chicken & English Peas Jello or Fruit	Country Fried Steak Ranch Potatoes 7 Layer Salad/Roll
<i>Healthy edge</i>	Garlic Baked Chicken Baked Potato	Choice of Wrap Spring Salad	Tuna on Lettuce Fruit Cup	Grilled Chicken Wrap Vegetables & Ranch	Roast Beef Wrap Spring Salad
<i>Break</i>	Crispitos Mini Pancakes	Breakfast Pizza Chicken Biscuit	Crispitos Sausage Egg & Cheese	Breakfast Pizza Blueberry Muffins	Crispitos Pancakes
<i>Grill Slide</i>	Mini Corn Dogs Tater Tots	Spicy Chicken Sandwich Mozarella Sticks	Nacho Chips & Dip Sweet Potato Puff	Pizza Pocket French Fries	Chicken Nuggets Corn Dogs
	30	31			
<i>the- Classics</i>	BBQ Sandwiches Baked Beans Slaw & BBQ Nachos	Sweet & Sour Chicken French Fries Corn on a Cob			
<i>Healthy edge</i>	BBQ Wrap/slaw Nachos & Salsa	Chicken Salad on Lettuce Veggies & Ranch			
<i>Break</i>	Crispitos Pancake on a Stick	Chicken Biscuit Breakfast Pizza			
<i>Grill Slide</i>	Bacon Cheeseburger Mozarella Sticks	Ham & Cheese Slider Tater Tots			

HAMBURGERS AND CHEESEBURGERS SERVED DAILY**GRILL FEATURE CHANGES WEEKLY**

Sausage Biscuit and Plain Biscuit Served Daily



Chicken Nuggets	Corn Dogs	Mini Corn Dogs	Chicken Nuggets	Grill Cheese
Chips Fruit Milk or Water	Chips Cookie Milk or Water	Chips Fruit Milk or Water	Chips Cookie Milk or Water	Chips Vanilla Ice Cream Cup Milk or Water

**Menu subject to change at any time due to availability of products.