

Green Wave Cafe



August 2017

the Classics

Healthy edge

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	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	
	7	8	9	10	
		Chicken Rotel Creamed Corn Turnip Greens Buttered Yeast Roll	Spaghetti Green Beans Slaw Toasted Garlic Bread	Hamburger Steak with Brown Gravy & Onions White Rice & Crowder Peas Buttered Yeast Roll	Pizza Chicken Ceasar Salad Alfredo Pasta
		Seasoned Baked Fish Steamed Broccoli	Parmesan Baked Fish Ceasar Salad	Grilled Chicken Wrap Stir Fry Mixed Veggies	Chicken Ceasar Salad Baked Sweet Potato
	14	15	16	17	
	Lasagna Green Beans Rice Consume' Buttered Yeast Roll	Chicken Tenders Colossal Crispy Fries Mac & Cheese Buttered Bread Stick	BBQ Sandwiches Baked Beans Slaw BBQ Nachos	Poppseed Chicken Baby Lima Beans Cheesy Potatoes Buttered Yeast Roll	Fried Chicken Mashed Potatoes English Peas Buttered Yeast Roll
	Blackened Baked Fish Pasta Salad	Tuna Salad on Bed of Lettuce Ceasar Salad	Baked BBQ Chicken Sauteed Carrots	Grilled Beef Patty Steamed Squash	Turkey & Cheese Wra Fresh Fruit in Jello
	21	22	23	24	
	Meatloaf Ranch Potatoes Purple Hull Peas Cornbread	Hot Wings Tater Tots Green Beans Buttered Yeast Roll	Beef or Chicken Taco Refried Beans Mexican Rice Queso Chips & Dip	Pizza Chicken Ceasar Salad Buttered Pasta	Fried Fish Colossal Crispy Fries Slaw Hushpuppies
	Egg & Olive Salad on Lettuce Fresh Fruit Cup	Lemon Garlic Baked Fish Baked Potato	Beef or Chicken Wrap Spring Salad	Chicken Ceasar Salad Fresh Fruit Cup	Grilled Seasoned Fish Cucumber Salad
	28	29	30	31	
	Pot Roast & Gravy Potatoes, Carrots & onions Baby Lima Beans Buttered Yeast Roll	Bacon Wrapped Chicken Ranch Potatoes Broccoli & cheese Buttered Yeast Roll	Salmon Croquettes Squash Casserole Black Eye Peas Buttered Yeast Roll	Grilled Chicken Wrap Choice of Chips Mac & Cheese Fresh Fruit	
	Chicken Salad on Lettuce Spring Salad/Vinegarette Dressing	Seasoned Grilled Chicken Steamed Broccoli	Baked Lemon Pepper Fish Ranch Pasta Salad		

GRILLE ETC

Monday	Tuesday	Wednesday	Thursday	Friday
		Daily Grill Feature		
Fried Chicken Sandwich Tater Tots Mozzarella Sticks	Bacon Cheeseburger Mac & Cheese Bites French Fries	Corn Nuggets Chicken Club Sandwich Onion Rings	Spicy Chicken Sandwich Foot Long Corn Dog Mozzarella Sticks	Chips & Dip Chicken Club Sandwich

Hamburgers and Cheeseburgers Served Daily



Green Wave Lunch Bucket				
Chicken Nuggets Chips Fruit Milk or Water	Jr. Burger Chips Cookie Milk or Water	Mini Corn Dogs Chips Fruit Milk or Water	Chicken Nuggets Chips Cookie Milk or Water	Turkey and Cheddar Chips Vanilla Ice Cream Cup Milk or Water

**Menu subject to change at any time due to availability of products.

DAILY BREAKFAST MENU				
Sausage Biscuit Sausage Egg & Cheese Crisпитos Hashbrowns	Sausage Biscuit Bacon Egg & Cheese Breakfast Pizza Mini Pancakes	Sausage Biscuit Bacon Biscuit Waffles Crisпитos	Sausage Biscuit Sausage Egg & Cheese Breakfast Bagel Breakfast Pizza	Sausage Biscuit Bacon Egg & Chee: Hashbrowns Crisпитos